



Resources for Seniors on the Internet

General

AARP

www.aarp.org

AARP, founded in 1958 as the American Association of Retired Persons, has links to over 900 of the best sites for seniors.

ElderNet

www.eldernet.com

Go through the front door on this site to find "a senior's guide to health, housing, legal, financial, retirement, lifestyles, news, and entertainment information on the World Wide Web."

Congress of California Seniors

www.seniors.org

Click on "Resources Guide" to search for general information by topic.

Friendly 4 Seniors

www.friendly4seniors.com

Search over 2000 senior sites by category, keyword and state.

Go 60

www.go60.com

This site, "devoted to helping seniors improve with age," has many helpful links such as Aging Myths, Senior News, and Senior Sites.

Senior Living

seniorliving.about.com

This About.com site has short essays on such topics as money management, retirement, and travel.

Senior Citizen Driving

www.helpguide.org/life/senior_citizen_driving.htm

Describes risk factors for the senior citizen driver, warning signs that someone should stop driving, and safety tips.

Government Resources

Orange County Office on Aging

www.officeonaging.ocgov.com

Use the "Guide to Services" to search for Orange County senior services.

Senior Citizens' Resources

www.usa.gov/Topics/Seniors.shtml

Official information and services from the U.S. government.

Social Security Online

www.ssa.gov

Information and links regarding Social Security.

Health

HelpGuide

www.helpguide.org/index.htm

This site features "the best non-profit non-commercial links on the Web focusing on mental health and aging well."

NIH Senior Health

nihseniorhealth.gov/listoftopics.html

Links to information on health-related problems that may be linked to aging.

Housing

Elder Link

www.elderlink.org

This free senior referral service covers Southern California facilities that offer assisted living, board and care, and skilled nursing.

Employment

Senior Job Bank

www.seniorjobbank.com

The site began in 1975 and is a non-profit referral service where seniors and employers can seek out each other online.

Law

Elder Law Answers

elderlawanswers.com

This site gives essays on legal topics of interest to seniors such as long-term care, estate planning, Social Security, Medicare, and retirement.

Senior Law

www.seniorlaw.com/senior.htm

This commercial site has many links of interest such as "Elder Law and Legal Resources on the Web."

Travel/Education

Elderhostel

www.elderhostel.org

Elderhostel is the world's largest educational and travel organization for adults 55 and over.

Buena Park Library District

www.buenaparklibrary.org

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